



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02/09/24 23/09/24	Tomato & basil pasta	Chicken pie Veggie pie	Roast beef Veggie sausage	Jacket potato	Southern fried chicken Veggie nuggets
Allergenes	1 10	1	6		1
14/10/24 04/11/24	Garlic bread	Potato wedges	Mashed & roast potatoes Yorkshire puds	Tuna mayo Cheese & beans	Chips
Allergenes	1 3	1	1 2 3	2 3 4	
25/11/24 23/12/24 13/01/25	Sweetcorn	Seasonal veg Gravy	Veg medley Gravy	Salad Coleslaw	Garden peas Mushy peas
Allergenes				3	
03/02/25 24/02/25 17/03/25	Melon slices	Jelly	Angel delight	Cornflake tart & custard	Tutti Frutti cake & cream
Allergenes			3	1 3	1 2 3

NB. All of our foods are prepared in an environment where nuts and other food allergens are present. If you have any special dietary requirements, please speak to our Executive Chef who will be happy to find something suitable.

Each allergene is numbered above, please refer to the allergene guide overleaf.



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
09/09/24 30/09/24	Veggie spaghetti bolognese	All day breakfast	Roast turkey Quorn roast	Pepperoni pizza Cheese pizza	Fish fingers Fishless fingers
Allergenes	1	1 2 3 6	1	1 3 6 10	4
21/10/24 11/11/24	Crusty bread	Veggie breakfast	Stuffing Mashed & roast potatoes	Herby diced potatoes	Chips
Allergenes	1	1	1	1	
02/12/24 30/12/24 20/01/25	Salad		Veg medley Gravy	Sweetcorn peas	Baked beans
Allergenes					
10/02/25 03/03/25 24/03/25	Fruit muffins	Apricot shortcake & custard	Ice cream	Fruit crumble & custard	Shortbread biscuit
Allergenes	1 2	1 2 3	2 3	1 3	1

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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16/09/24 07/10/24	Macaroni cheese	Beef burger Veggie burger	Roast chicken Veggie sausage Stuffing	Fish fillet Fishless fillet	Picnic day Ham cobs Cheese cobs
Allergenes	1 10	1 6	1 6	4	1 3
28/10/24 18/11/24	Sweet potato fries	Sweetcorn	Mashed & roast potatoes	Chips	Sausage roll Crisps
Allergenes	1 3				1 6
16/12/24 06/01/25 27/01/25	Carrots Peas	Salad Coleslaw	Veg medley Gravy	Peas Beans Tartare sauce	Cucumber sticks
Allergenes		2		2 3	
17/02/25 10/03/25 31/03/25	Rice pudding & jam	Lemon curd cake	Chocolate doughnut	Apple pie & custard	Muffin
Allergenes		1 2	1 3	1 3	1 3

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ALLERGENE GUIDE		5	10
1	 Cereals containing gluten	6	11
2	 Eggs	7	12
3	 Milk	8	13
4	 Fish	9	14
		Ce Celery (and celeriac)	SO₂ Sulphur dioxide (a food additive and preservative)
		 Soybeans	 Peanuts
		S Sesame	N Nuts
		Mu Mustard	 Molluscs (e.g. clams, mussels, whelks, oysters, snails, squid)
		L Lupin (lupin flowers and their seeds)	 Crustaceans, (e.g. prawns, crabs, lobster, crayfish)